

Taaro

WELLNESS & SPA



Where Nature Meets Nurture

At Taaro, we believe wellness is more than a luxury—it's a way of life. Our spa menu is thoughtfully curated to bring you a sense of peace, rejuvenation, and balance amidst the beauty of nature.

Whether you seek deep relaxation, skin rejuvenation, or Ayurvedic healing, each treatment is designed to elevate your stay with mindful experiences tailored just for you.

Let the soothing sounds of the hills, the aroma of essential oils, and the touch of expert hands transport you to a state of complete bliss.

FACIAL THERAPIES

Signature Facial	60 Min	₹5000
------------------	--------	-------

A tailored facial that suits all skin types, using high-performance ingredients to cleanse, exfoliate, and hydrate. Perfect to revive tired, travel-worn skin.

Ayurvedic Facial	60 Min	₹4400
------------------	--------	-------

Harnessing the wisdom of Ayurveda, this facial uses herbal formulations and ancient massage techniques to bring balance, calm, and deep nourishment.

BODY POLISHES & SCRUBS

Black Terra Reviving Body Buffer	30 Min	₹3000
----------------------------------	--------	-------

A volcanic clay-based exfoliating treatment that detoxifies and revives dull skin. Leaves you smooth, refreshed, and re-energized.

Energizing Mineral Glow Scrub	30 Min	₹3400
-------------------------------	--------	-------

Packed with essential minerals, this scrub gently buffs away dead skin while infusing your body with hydration and a luminous glow.

MASSAGE THERAPIES

<h2>Potli Massage</h2> <p><i>Heated herbal poultices are gently pressed and massaged into the body to relieve pain, reduce inflammation, and promote deep relaxation.</i></p>	60/90 Min	₹5000/6400
<h2>Aromatherapy Massage</h2> <p><i>Harnessing the wisdom of Ayurveda, this facial uses herbal formulations and ancient massage techniques to bring balance, calm, and deep nourishment.</i></p>	60/90 Min	₹5000/7000
<h2>Swedish Massage</h2> <p><i>A classic full-body massage using long, flowing strokes to ease tension, improve circulation, and promote total relaxation.</i></p>	60/90 Min	₹5200/6600
<h2>Deep Tissue Massage</h2> <p><i>Focused pressure therapy to release chronic muscle tension and tightness. Ideal for those who prefer a more intense treatment.</i></p>	60/90 Min	₹5600/7400
<h2>Balinese Massage</h2> <p><i>A blend of gentle stretches, acupressure, and aromatherapy to restore energy flow, reduce stress, and relax the body and mind.</i></p>	60/90 Min	₹6000/7800
<h2>Ayurvedic Abhyangam</h2> <p><i>An Ayurvedic oil massage that detoxifies, nourishes tissues, and improves energy flow for holistic healing.</i></p>	60/90 Min	₹5400/7800

FOCUSED THERAPIES

Reflexology / Foot Massage <i>A therapeutic pressure-point foot massage that promotes overall well-being and relieves fatigue.</i>	30 Min	₹3200
Kundli Back Massage <i>A deeply relaxing massage focusing on the spine and shoulder tension. Perfect for stress relief and posture correction.</i>	30 Min	₹3000
Chakra Head Massage <i>Releases mental stress, improves scalp circulation, and balances your crown chakra through soothing oil-based strokes.</i>	30 Min	₹3000

COUPLE THERAPY

Couple Indulgence Massage <i>A shared massage experience in our peaceful couple suite. Choose from our signature oils and let the therapists harmonize your energies in tandem.</i>	60/90 Min	₹4999/6999
---	-----------	------------

SPA DETAILS

- The spa operates daily from 10:00 AM to 7:00 PM.
- Please arrive at least 15 minutes prior to your scheduled appointment. In case of late arrival, your treatment may be shortened to avoid inconvenience to the next guest.
- Complimentary parking is available for all in-house guests and spa visitors.
- We kindly request you to store all personal belongings in the spa locker. The spa is not responsible for loss or damage to valuables.

CANCELLATIONS & NO-SHOWS

- A 24-hour notice is required to cancel or reschedule an appointment without charge.
- Cancellations made with less than 3 hours' notice will incur a 50% fee.
- A full charge applies for no-shows or cancellations of 30-minute treatments.

SPECIAL CONSIDERATIONS

- Please inform your therapist of any medical conditions, injuries, or allergies before your treatment.
- We do not offer body treatments to pregnant guests as a safety policy.
- You may be asked to remove contact lenses, spectacles, or hearing aids during certain therapies.
- Some treatments may use natural oils that can temporarily stain the skin or clothing—we recommend wearing suitable attire.
- It is advisable to rest and stay hydrated before and after your treatment.

SPA ETIQUETTE

- To preserve a peaceful atmosphere, we request all guests to silence mobile devices and speak softly within the spa premises.
- Guests under 16 years of age are not permitted to use spa facilities.
- The spa reserves the right to deny service to anyone not adhering to these guidelines.
- Entry will be denied to guests under the influence of alcohol or any intoxicants.

